

Blood Values necessary for metabolic balance®

Nutrition Program

Values	Units	Values	Units
Glucose, Serum	mg/dl	Cholesterol, Total	mg/dl
Uric Acid	mg/dl	Triglycerides	mg/dl
BUN (Blood Urea Nitrogen)	mg/dl	HDL Cholesterol	mg/dl
Creatinine Serum	mg/dl	LDL Cholesterol	mg/dl
Sodium Serum	mmol/l	TSH	μIU/ml
Potassium Serum	mmol/l	WBC	x10 ³ /μl
Calcium Serum	mg/dl	RBC	x10 ⁶ /μl
Protein, Total Serum	g/dl	Hemoglobin	g/dl
Bilirubin	mg/dl	Hematocrit	%
Alkaline Phosphatase	IU/l	MCV	fl
Creatine Kinase	U/l	MCH	pg
LDH	IU/l	Platelets	x10 ³ /μl
AST (SGOT)	IU/l	Neutrophils	%
ALT (SGPT)	IU/l	Lymphs	%
GGT	IU/l	Monocytes	%
Amylase Serum*	U/l	Eos	%
Lipase Serum*	U/l	C-Reactive Protein, hs -Cardia	mg/L
Iron, Serum	μg/dl		

* Either the value of Amylase or Lipase needs to be evaluated. Both are not required.

All listed values to be evaluated through blood sample only.